

**Shenandoah Mustangs and Fillies Breakfast Menu**
**Monday**

Ham, Egg & Cheese BF Bar w/Toast **3**  
 PBJ Uncrustable  
 Pop Tarts  
 Avocado Toast w/Egg  
 Yogurt Parfait  
 Yogurt  
 Fresh Fruit, Juicy Juice  
 Choice of Milk

Breakfast Power Bites w/Toast **10**  
 Breakfast Crispos  
 Avocado Toast w/Egg  
 PBJ Uncrustable  
 Yogurt Parfait  
 Applesauce, Fresh Fruit  
 Juicy Juice  
 Choice of Milk

Bacon Egg & Cheese BF Sandwich **17**  
 Mini Donuts  
 Avocado Toast w/Egg  
 PBJ Uncrustable  
 Yogurt Parfait  
 Go-Gurt  
 Fresh Fruit, Juicy Juice  
 Choice of Milk

**Summer** **24**
**Break**
**Summer** **31**
**Break**
**Tuesday**

Mini Donuts **4**  
 Pancake on a Stick  
 Bacon BF Sandwich  
 PBJ Uncrustable  
 Yogurt Parfait  
 Fresh Fruit  
 Orange Juice  
 Choice of Milk

Mini Pancakes **11**  
 Cereal w/Toast  
 Breakfast Boat  
 PBJ Uncrustable  
 Yogurt Parfait  
 Blueberries, Fresh Fruit  
 Orange Juice  
 Choice of Milk

Breakfast Sliders **18**  
 Breakfast Burrito  
 Cereal Bar  
 PBJ Uncrustable  
 Yogurt Parfait  
 Yogurt  
 Fresh Fruit, Orange Juice  
 Choice of Milk

**Summer** **25**
**Break**
**Wednesday**

Egg Omelet Muffin Bites w/Toast **5**  
 Cereal w/Toast  
 Cinni Minis  
 PBJ Uncrustable  
 Yogurt Parfait  
 Go-Gurt  
 Strawberries, Fresh Fruit  
 Orange Juice  
 Choice of Milk

Scrambled Eggs, Bacon, Hashbrown & Toast **12**  
 Apple Frudel  
 Cereal w/Toast  
 PBJ Uncrustable  
 Yogurt Parfait  
 Go-Gurt  
 Fresh Fruit, Orange Juice  
 Choice of Milk

Breakfast Tacos & Hashbrown **19**  
 Pancake on a Stick  
 Cinni Minis  
 PBJ Uncrustable  
 Yogurt Parfait  
 Go-Gurt  
 Mixed Berries, Juicy Juice  
 Choice of Milk

**Summer** **26**
**Break**
**Thursday**

French Toast Sticks & Bacon **6**  
 Pop Tarts  
 Avocado Toast w/Egg  
 PBJ Uncrustable  
 Yogurt Parfait  
 Cottage Cheese  
 Peaches, Fresh Fruit  
 Juicy Juice  
 Choice of Milk

Biscuits & Gravy **13**  
 Chocolate Chip Breakfast Cookies  
 Avocado Toast w/Egg  
 PBJ Uncrustable  
 Yogurt Parfait  
 String Cheese  
 Mandarin Oranges, Juicy Juice  
 Choice of Milk

French Toast w/Sausage Links **20**  
 Avocado Toast w/Egg  
 PBJ Uncrustable  
 Yogurt Parfait  
 Raspberries, Fresh Fruit  
 Juicy Juice  
 Choice of Milk

**Summer** **27**
**Break**
**Friday**

Breakfast Pizza **7**  
 Cereal Bar  
 Banana Bread Squares  
 PBJ Uncrustable  
 Yogurt Parfait  
 Yogurt  
 Fresh Fruit, Orange Juice  
 Choice of Milk

Waffles **14**  
 Pop Tarts  
 Chocolate Chip Breakfast Bar  
 PBJ Uncrustable  
 Yogurt Parfait  
 Yogurt  
 Baked Apples, Fresh Fruit  
 Orange Juice  
 Choice of Milk

Cheese Omelet, Sausage Link & Toast **21**  
 Bagel w/Cream Cheese  
 Chocolate Chip Muffin  
 PBJ Uncrustable  
 Yogurt Parfait  
 Peaches, Fresh Fruit  
 Orange Juice  
 Choice of Milk

**Summer** **28**
**Break**